

HealthSouth Hospitals to Offer New Interactive Metronome(R) Therapy Program brings cutting-edge technology into rehabilitation process

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HealthSouth Corporation (OTC Pink Sheets: HLSH) today announced it will offer Interactive Metronome(R) (IM) therapy at select locations for patients who suffer from neurological and motor impairments such as traumatic brain injury, stroke, Parkinson's Disease, amputation, multiple sclerosis or balance disorders.

IM was originally used in a healthcare setting to help children with developmental disorders. In recent years, innovative therapists and clinical researchers have demonstrated IM's effectiveness when applied to a wide range of neurological and motor diagnoses.

"We are excited to offer this new rehabilitation technology to our patients," says Mark Tarr, HealthSouth Inpatient Division President. "When applied with traditional treatments, our therapists have seen significant improvements in gait and coordination, as well as in attention and mental processing. This technology is one of several new and innovative therapies we have begun to offer in our nationwide network of hospitals."

IM's impact on neurological recovery focuses on improving the brain's ability to perform two critical functions: motor planning and sequencing. Motor planning and sequencing are central to human activity - from the coordinated movements needed to walk or climb stairs to the order of words in a sentence. IM is the only therapy tool that improves those human capacities by strengthening a person's sensory-motor synchronization, commonly referred to as "timing."

"Physicians and therapists across the country have adopted IM as a rehabilitation program, resulting in some extraordinary recoveries by their patients," says Al Guerra, Vice President Interactive Metronome Rehabilitation Technologies Division. "With the addition of HealthSouth facilities, IM therapy can benefit even more patients in their recovery."

Interactive Metronome provides a structured, goal-oriented process that challenges the patient to synchronize a range of hand and foot exercises to a computer-generated reference tone heard through headphones. The patient attempts to match the rhythmic beat with repetitive motor actions.

Over the course of the treatment, patients learn to:

- Focus and attend for longer periods of time
- Increase physical endurance and stamina
- Filter out internal and external distractions
- Improve their ability to monitor mental and physical actions as they are occurring
- Progressively improve performance

About HealthSouth

HealthSouth is the nation's largest provider of outpatient surgery, diagnostic imaging and rehabilitative healthcare services with facilities nationwide. HealthSouth can be found on the Web at <http://www.healthsouth.com/>.

About Interactive Metronome

Interactive Metronome, Inc. is based in Weston, Fla. The company offers its patented Interactive Metronome(R) training through 2,500 certified IM providers in more than 1,700 clinics, hospitals and universities throughout the United States and Canada. (Call toll free 877-994-6776 or see <http://www.interactivemetronome.com/>).

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